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This is a short report on the progress we have made since the decision (EGM, 12th Nov) to hold monthly theme days within the company.

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We have held two theme days so far, in January and April. The first was a healthy eating day, where employees were asked to bring in a healthy lunch for a colleague in another department. Our aim was to raise health awareness and also to encourage inter-departmental collaboration.

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The second was a 'Brighten a Space' day where employees worked together to make photo displays in areas of the building that seemed dull. The purpose of this was to make the office a more pleasant place and to create images that reflected the company's values.

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There was an extremely positive response to both initiatives – participation rates were around 90% and 75%. In the follow-up questionnaires, 94% of participants expressed appreciation of the theme days and 88% said they would be keen to do more. Even more significantly, two employees have since started their own healthy eating campaign, posting recipe ideas on the company's intranet. A 'Happy Work Environment' group has also been formed to come up with improvements for the office space. No specific research has been conducted yet on improvements in collaboration or on whether people feel more inspired in their environment, but anecdotal evidence points to both these results.

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The next planned theme day will be in June on the theme of 'Team Exercise'. Details have to be finalized, but our intention is to organize a contest involving physical activities.